



Therapy

Hi all, I have moved abroad to focus on my mental health. Throughout that time, I've struggled with massive depression and anxiety. I've decided to seek help and signed up for group therapy for people suffering with mental illness. It was my last straw, I put all my hope in this. Unfortunately, I cannot work...

Skennja l-kodiċi qr bil-kamera tat-telefon tiegħek jew mur fl-indirizz li ġej

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