



I want to create a community where people will benefit from my knowledge with resistance bands training

Personal trainer, i want to grow my idea of using elastic bands trainings that is usefull for anyone. I need support so i can grow my idea. All my video are actually a well crafted materials that focus on improving human...

Skannaðu qr kóðann með myndavél símans eða farðu á eftirfarandi heimilisfang https://4fund.com/is/dckk67

